

**Consent for**  
**Shoulder Resurfacing / Surface Shoulder Replacement**

**Mr M J C Stanislas**

**Condition :**

For arthritis of the Gleno-humeral (Shoulder Joint) with reasonable rotator cuff.

**Procedure :**

This operation is performed under general anaesthetic with an additional nerve block for pain relief after the operation. A 6 cm incision is made in front of the shoulder joint and the ball of the shoulder joint is replaced. Additional surgery may be performed to remove bone from above the shoulder joint - Acromion. A wound is closed with dissolvable sutures or staples. A sling is applied which must be worn for 3 weeks.

**Benefits :**

Pain relief

Patients can expect improvement in their shoulder movement depending on the state of the rotator cuff

**Complications :**

Complications < 1%.

Bleeding

Infection

Stiffness

Injury to nerve and blood vessels

Loosening of prosthesis

Dislocation

Fracture

Failure of procedure to resolve symptoms

Further procedures at a later date

Anaesthetic and heart risks

Blood clots in legs and lungs

Complications related to the Inter-scalene block

**Other Treatment Options :**

Physiotherapy, Injections and reduce level of activity

Follow up - 3 and 6 weeks, six months, 1 year and yearly thereafter.